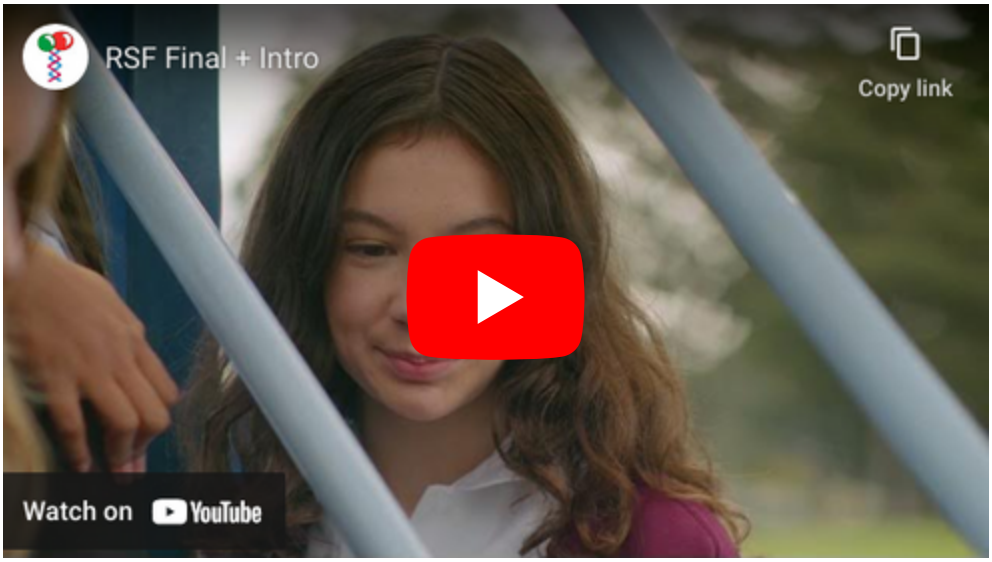
Down Syndrome Awareness Videos

There are many Down syndrome awareness videos out there that can be viewed by expectant and new parents; Shared with friends and family and also shown at schools and at the workplace. Below is a list of just a few. Click on the image to be taken to the video.

For use with children:

‘Defining Down Syndrome’ video by the Right Start Foundation; shares a definition of what Down syndrome is in a child-friendly positive manner set in a primary school setting. Great to use in a classroom.



‘**My Friend Isabelle’** video is an animated story based on the children's picture book by Eliza Woloson. The book is about the friendship between Isabelle, who has Down syndrome, and Charlie. In the video you get to meet the real Isabelle and Charlie that the book is based on



‘**JUST LIKE YOU - DOWN SYNDROME’** video explores the life, challenges and dreams of three children living with Down syndrome and their relationships with their friends. The children share personal stories to help explain what Down syndrome is and why someone with Down syndrome should be treated just like everyone else.



‘**Kids Meet A Woman With Down Syndrome’** video has children and teenagers of a variety of ages asking a woman who has Down syndrome, questions about Down syndrome.



‘Explaining Downs Syndrome to Primary/Junior School ages children’ is a video put together by a Mum in England about her son Oscar that explains what Down syndrome is in a child friendly manner.



‘**NOT SPECIAL NEEDS**’ is a short video suited for all ages that takes a funny look at what “special needs” people with Down syndrome don’t have.



‘**Down Syndrome 101’** video was created by Utah Down Syndrome Foundation. It is an easy to understand educational video that explains Down syndrome in a child friendly manner, perfect to use in a classroom.



‘Lea goes to School’ is a video all about inclusive education.



‘**We’re all different but we’re all the same - so let’s all be friends!’** is an animated video that shares the messages of how important inclusion is and that we are all different and yet we are all the same in a fun, entertaining way for children to understand.

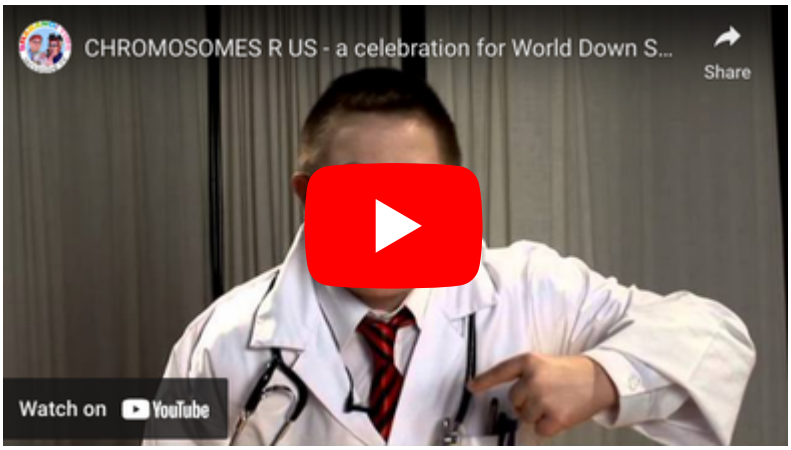


‘**What is Down Syndrome?’** is an illustrated video presented by a Speech Therapist from the Canadian Down Syndrome Resource Foundation. It is a great video for children explaining what Down syndrome is as well as the importance of inclusion.



For High School Use:

‘CHROMOSOMES R US - a celebration for World Down Syndrome Day’ is a video filmed in the UK by actors with Down syndrome explaining how Down syndrome occurs



‘Libertad’ is a Spanish video that shows how independent a teenager with Down syndrome can be in society.



‘If the shoe was on the other foot’ is a great thought-provoking awareness video of how some people with Down syndrome can be treated by others in society. It encourages the viewer to think before they speak or act.



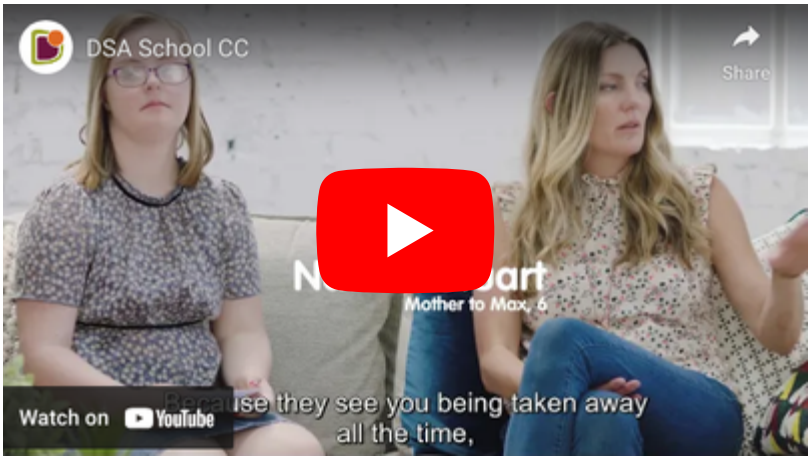
‘Down syndrome in 60 seconds’ is literally a 60 second video explaining the basics of how Down syndrome comes about.



‘Things People with Down Syndrome Are Tired of Hearing’ is a British video of a group of individuals with Down syndrome discussing some of the annoying myths about having Down syndrome.



‘DSA School CC’ is a video of a group of individuals with Down syndrome and some parents of children with Down syndrome sitting together answering questions about inclusion from their own experiences and sharing their hopes and dreams for inclusion.



‘**DSA Sports & Community’** is a video of a group of individuals with Down syndrome and some parents of children with Down syndrome sitting together answering questions about being involved in sports and community groups from their own experiences. Also sharing the importance and benefits for everyone to be included and involved in sports and community groups



For Adults and Workplace:

‘**The Hiring Chain’** video demonstrates that by hiring someone with Down syndrome, you can start a chain reaction. The more that people with Down syndrome are seen at work, the more they’ll be recognized as valuable employees, and the more they’ll be hired.



‘The Interviewer’ made by Australian Bus Stop Film, is a thought-provoking short film about realising the skills that James, who happens to have Down syndrome, if given the opportunity, can offer the law firm where he works.



‘Reasons to Celebrate’ is a video where some individuals with Down syndrome are trying to share the message about their struggles in society and about World Down Syndrome Day - ‘When all of us, not only a few of us, have more opportunities at school, more opportunities in our communities, more opportunities at work, then, we’ll have plenty of reasons to celebrate this day’. This video could be used with teens or even as an introduction to training for adults.



“Don’t Limit Me!” by Megan Bomgaars’ is a video delivered by a young woman with Down syndrome who has a powerful and direct message to all teachers. This video could also be used in the workforce as the message; “Don’t Limit Me!” applies in that setting as well.



‘Young adults researchers with Down syndrome hoping to change the narrative’ ABC News 7.30 Report’. Is a news report about a major study undertaken by the University of Queensland that focused on young adults with Down syndrome.



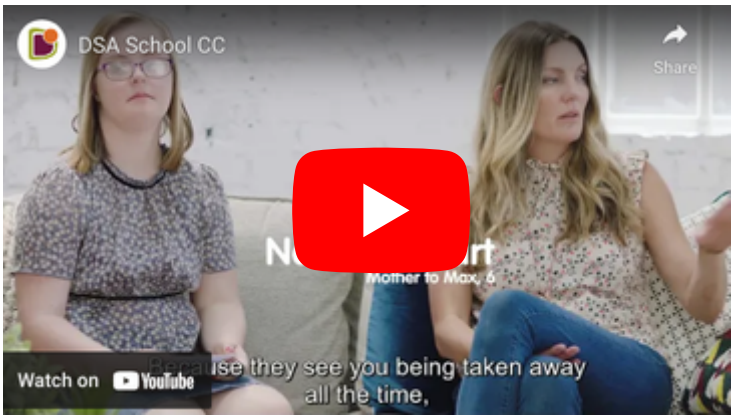
‘What is Inclusion?’ video explains the differences between integration, perceived inclusion and true inclusion from the perspective of a student with Down syndrome set in her own classroom. This video was produced by Down Syndrome Queensland.



‘DSA Employment’ is a video of a group of individuals with Down syndrome and some parents of children with Down syndrome sitting together answering questions about employment and what it means to them.

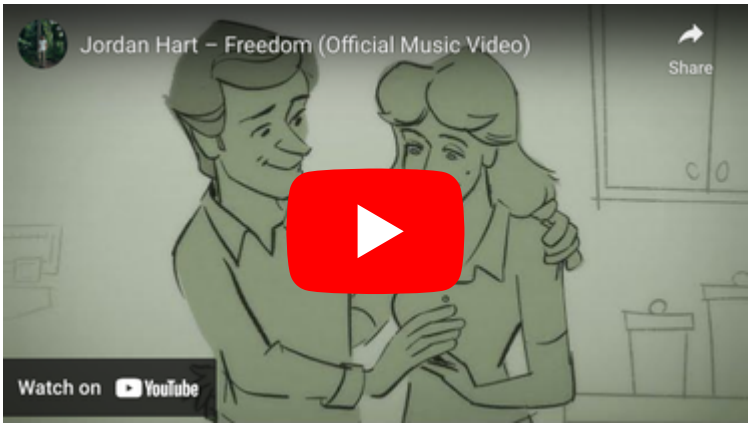


‘**DSA Health CC’** is a video of a group of individuals with Down syndrome and some parents of children with Down syndrome sitting together answering questions about their experiences with Health services and how they think it should be improved.



For Parents:

‘Freedom’ music video by Jordan Hart tells us a story of a boy with Down syndrome who learns to navigate the world with a loving mother, an absent father, a classroom bully, and has a beautiful relationship with a girl.



‘DSA - Part of Society in Every Way’ is a video of a group of individuals with Down syndrome and some parents of children with Down syndrome sitting together discussing the valuable contributions individuals with Down syndrome make to society.



‘**50 Ordinary Families 1 Extraordinary Journey’** is a video project by the Wouldn’t Change a Thing, Down Syndrome awareness organisation. It contains families who have a child with Down syndrome signing to the lyrics of the song, ‘Tightrope’. It beautifully portrays the message to new parents who are wondering what the future may bring.



‘50 Mums, 50 Kids, 1 Extra Chromosome’ is another video project by the Wouldn’t Change a Thing, Down Syndrome awareness organisation. It features a carpool karaoke lip sync in support of World Down Syndrome Day 2018 and features 50 mums and their children singing and signing along to Christina Perri's song, "A Thousand Years".



‘Dads Don’t Count Chromosomes’ is another video project by the Wouldn’t Change a Thing, Down Syndrome awareness organisation. This time a group of Dads got together to demonstrate their support for their children with Down syndrome by lip synching and signing together to the song "Shine" by Take That.



‘We are Family - 50 Siblings’ video is another video project by the Wouldn’t Change a Thing, Down Syndrome awareness organisation. This video celebrates the wonderful relationships between individuals with Down syndrome and their siblings.



‘Dear Future Mom’ is a video of people with Down syndrome sharing a heart warming messages to a future Mum.



‘My Daughter’ is a beautiful, heartfelt, powerful video by a Mum; Deb Malcolm from T21 Mum Australia, about welcoming a daughter with Down syndrome.

